Summer Spiritual Assignment

2022 Summer Theme: Practicing Harmony

As we enjoy these warm months and prepare for another year of spiritual connection in community, we invite you to take time to weave the threads and chords of community with a simple assignment for the Summer: Listening for the music that arises between us, Opening to the transformation that learning a new song can bring, and Serving each other with the gift of music by learning a new song, together.

The Assignment: Learn a Song Together

1. Get a group together, or do this as a Soul Matters Group
2. As a group, pick a simple song to learn together.
3. Learn it and teach it by ear, not by using written music.
4. Reflect on this collective process, together.
What “learning a song together” might look like:

- Listening to a recording of the song together
- Practicing singing the song together, whether as a whole group or in smaller pairs or trios.
- Helping one another to learn the song
- Sharing over a zoom call what the experience of learning the song individually has been like.

Questions for Reflection:

- What was it like to learn this new song together?
- Was it hard or easy for you?
- When was the last time you learned a new song?
- What else do you have memorized?

May we suggest...

Your group may be overflowing with ideas for what song to learn, but if you’re having trouble coming up with one, the Revs suggest “Sending You Light” by Melanie DeMore: [www.youtube.com/watch?v=clsZuoNFtXg](http://www.youtube.com/watch?v=clsZuoNFtXg)

Otherwise, ideal songs for this assignment are short, simple songs that help express love and care from one to another.

If you really have a lot of ideas, you don’t have to pick just one! Just make sure what songs you do pick, you all agree to learn together.