



THE WEEKLY REMINDER

FIRST UNITARIAN CHURCH OF ROCHESTER, NY
A SPIRITUAL COMMUNITY OF HOPE, HEALING AND OCCASIONAL HERESY

EVENTS FROM MONDAY, AUGUST 18, 2008 THROUGH SUNDAY, AUGUST 24, 2008

VIPASSANA MEDITATION

Monday, August 18th, 7:30pm

Room 200

From the Buddhist tradition, Vipassana is a simple form of mindfulness and breath awareness practiced by many in the West. You do not have to be familiar with Buddhism or sit on the floor! Participants take part in a 40-minute sit. The cost is \$2 per session. Led by church members on a rotating basis.

LABYRINTH QUEST

Tuesday, August 19th, 7pm

Auditorium

All are welcome to join us. Experience the transformative, spiritual, and healing qualities of labyrinths. Walk the indoor labyrinth anytime between 7pm and 9pm. Orientation to labyrinth walking 7pm to 7:15pm. Reiki, chair massage and other healing arts also available from 7pm to 8:45pm. Donations always appreciated. Labyrinth Quest is open to the wider community with all ages welcome, so invite your friends. Contact: Harriette Royer, harriette.royer@simon.rochester.edu.

BRING THEM HOME VIGIL

Wednesday, August 20th

Park Avenue & Culver Road (7:30am – 8:30am).

Irondequoit United Church of Christ, 644 Titus Avenue-across from *the House of Guitars* (7:30am-9am).

Contact: Marilyn Lambert-Fisher, 749-7121.

Come Walk With Us!

Saturday, August 23rd, 1:30pm - 5pm

Rochester Walks for Peace presents:

Saturday Walks through the City; Neighborhoods to Link; Wars/Occupation Abroad and Violence/Oppression at Home. Evening programs 5-7pm (speakers, music, discussion)

Begin: Bull's Head Plaza (Genesee St. at West Main St.) **End:** St. Stephen's Episcopal Church (350 Chili Ave.)

Full Route: <http://www.gmap-pedometer.com/?r=2094716>

Rochester Walks for Peace includes local anti-war activists from groups like ours [Rochester Against War (RAW), Declaration of Peace, Military Families Speak Out, Iraq Veterans Against the War (IVAW)] and others who have come together to link up – across neighborhoods and across issues – with other local activists and ordinary people, working for real change from the bottom up. Contact: Rianne Mitchell rianne_20011@yahoo.com or (585) 734-3441.

UU201: THE MEANING OF MEMBERSHIP

Sunday, August 24th, 11:15am

For those interested in becoming members or learning more about the membership process. Reverend Jen Crow will lead a discussion on the privileges and responsibilities of membership and address participants' questions.

SUNDAY, AUGUST 24, 2008

10:00am

“Cliff Jumping at Home and in Church”

Rev. Jen Crow, Preacher

NEWS AND NOTES

NEXT NEWSLETTER DEADLINE

Monday, August 25th, 9am

The next newsletter deadline is Monday, August 25th at 9am. This covers events from September 7th -September 20th. Please email articles to newsletter@rochesterunitarian.org and include in the subject line which issue you want your article to appear. The newsletter schedule is available on the website at www.rochesterunitarian.org and in the office. The deadline for the Order of Service and the Weekly Reminder is each Thursday at 1pm.

A MEMORIAL SERVICE, CELEBRATING CHARLES WATTS' LIFE, WILL BE HELD IN THE CHURCH ON SUNDAY, AUGUST 31ST.

SEEKING INFANT/TODDLER CAREGIVERS

To ensure **consistent, safe, quality care** for our youngest UUs, we are seeking an Infant/Toddler Care Provider (adult or young adult, \$10.25/hour) and an Infant/Toddler Room Assistant (high schoolers eligible, \$8.10/hour) for Sunday mornings, September through May. Both positions will start at 9:15am on Sundays, with the end time varying between 12:45pm and 2:00pm, based on church activities. For complete position descriptions and requirements, contact Jan Gartner, janw@rochesterunitarian.org or 271-9070. Interviews will be held in late August.

DREAM WORKSHOP We will not be meeting during the month of August. Watch for us in September!

TURNING INWARD

The usual Sunday morning "drop in" sittings will not be meeting during August. The sittings will resume in September. Contact: Dorinda Outram, otrm@mail.rochester.edu.

PLATE COLLECTION COMMITTEE LOOKING FOR SUGGESTIONS

Three Sundays every month our plate collection goes to a community organization in need of funds. Once again, we're looking for suggestions from the congregation for recipient organizations that meet the following criteria:

- The group or organization must be nonpartisan and not-for-profit.
- They must provide social service, social education, or social action of some kind that is congruent with Unitarian Universalist values.
- Funds are generally given to local organizations (Greater Rochester area). Exceptions include sending funds to disaster victims or to UU organizations such as the Unitarian Universalist Service Committee (UUSC) or the Unitarian Universalist-United Nations Office (UU-UNO), or for some special event.

In order to be considered at our next meeting, suggestions should be sent by Sept 10th to Jacque Cady, jpcady@rochester.rr.com, 271-8475, 56 Berkeley Street 14607; or to Suzanne McNamara, 5 Sandpiper Lane, Pittsford, NY 14534, shawmcn@aol.com. Include a brief description of the organization or program and information about how the check should be made out and where to send it.

UNIRONDACK WEEKEND FELLOWSHIP EVENT

OCTOBER 3RD – 5TH

Register after church on September 14th and 21st.

Join us October 3rd-5th for a wonderful and relaxing weekend hiking, canoeing, and enjoying the fall colors! First Unitarian members and friends have enjoyed a weekend getaway at Unirondack for over 20 years. Together we enjoy hiking, canoeing, playing games, and getting to know one another while chatting, cooking, or reading by the fire – in and among thousands of acres of a "forever wild" forest. We share community meals and enjoy rustic cabins (bunks with mattresses) while admiring the fall foliage. Sound like fun? Adults \$40; Children 3-12 \$22; under 3 free, payable at time of registration only. Questions? Contact Dave Vanable at dave@dawnwalk.com or 615-6250.